



Cedars Manor School Newsletter

Issue 9 — November 7th 2025

WEEKLY ATTENDANCE

OVERALL ATTENDANCE – **93.13%**

Week ending 07/11/2025

	Class	%	No of Pupils late	No of <u>lates</u>
1	Elm	96.92	1	1
2	Hawthorn	96.67	1	1
3	Maple	96.47	4	5
4	Yew	95	1	1
5	Pine	94.89	1	1
6	Sycamore	94.44	1	1
7	Beech	94	1	1
8	Fir	93.91	1	1
9	Rowan	93.16	0	0
10	Spruce	91.58	2	2
11	Cherry	91.38	2	2
12	Hazel	91.11	1	1
13	Lime	81.3	2	2

The whole school attendance is **93.13%** this week, which is **BELOW** the school average of **96%** and **BELOW** the National average of **95%**



DATES FOR THE DIARY

- 11th November—Yew Parents Consultation
- 13th November—Yew Parents Consultation
- 13th November—YR 3 HEHS Football
- 13th November—YR 4 Opera Workshop
- 15th November—YR2 Tower of London
- 15th November—YAP Project
- 19th November—YR1 Headstone Manor
- 20th November—YR3 Headstone Manor
- 21st November—Beech Class Assembly
- 21st November—Break the Rules Day
- 24th November—Individual School Photos
- 28th November—Fir Class Assembly
- 3rd December — Winter Fair!
- 3rd December — R visit All Saints Church
- 5th December — Pine Class Assembly
- 9th December — Year 6 Field Trip



Remembrance Day

On **Tuesday 11th November**, our school will come together to mark Remembrance Day. At 11:00am, pupils and staff will observe a moment of silence to honour and remember all those who have served in past and present.

Throughout the week, assemblies and class discussions will help pupils understand the significance of Remembrance Day and why it continues to be an important part of our shared history.



AFTERSCHOOL CLUB



Monday – Friday | 3:20 PM – 5:45 PM | Term Time Only

Looking for quality after-school care in a safe, engaging environment? Our Afterschool Club offers fun activities, social time, and a welcoming space for your child to relax and unwind after the school day.

Cost per session:

- **£10 per child**
- **£8.50 per child for siblings**

(A minimum of one session per week is required.)

Important Information:

Fees must be paid termly in advance.

If you are interested, please collect a form from the school office.



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Welcome Back to Autumn 2!

Welcome back to the Autumn 2 term! We hope everyone enjoyed a wonderful and restful half term break. We are excited to begin a new half term filled with engaging learning opportunities and a range of exciting events planned for our pupils.

Our fantastic **clubs will be starting again next week**. We still have spaces available, so if you would like your child to join a club, please **check your emails for the sign-up links**. If your child attended a club last term, please remember that you must reapply for this term.

A gentle reminder about our school uniform expectations. Pupils are expected to wear full school uniform every day. This includes a **white shirt or polo, a red jumper or cardigan, and black or grey trousers, a skirt, or a pinafore**. On PE days, pupils should come to school dressed in their PE kit.

As the weather becomes colder, please make sure your child comes to school with a **warm coat** and **suitable outdoor clothing**.

We are looking forward to a fantastic half term ahead!

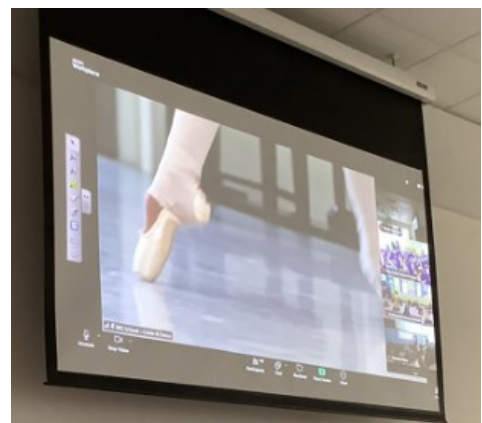
As a reminder, children **should not** be using the climbing equipment in the adventure playground at **pick-up time or drop off**, as this is a **health and safety concern**.

Year 6 Ballet Workshop with Royal Ballet & Opera

Year 6 pupils had a fantastic experience in school this week as they took part in an online Ballet workshop where the children were introduced to a variety of Ballet skills.

Despite the workshop taking place online, the pupils remained highly engaged and enthusiastic, following the instructions with focus and energy. They enjoyed practicing the Ballet steps and developed confidence and an appreciation for the discipline and creativity involved in Ballet.

It was a wonderful opportunity for the children to try something new, stay active, and express themselves through dance.



Year 4 Trip to Verulamium

On Tuesday 4th November, Year 4 visited the Verulamium Museum in St Albans. The children had a fantastic time exploring a wide range of Roman artefacts and deepening their understanding of Roman life in Britain. They were even able to handle real Roman objects, some over 2,000 years old! Which made the experience especially exciting and memorable.



Nursery Tea Party

It was lovely to welcome our Nursery parents to our parent / child tea party today. The children had a wonderful time sharing the biscuit they decorated in the Nursery, with their parents. It was also lovely to hear the story 'The Tiger who Came to Tea' read by Miss Shaba.

Thank you to those parents that were able to attend.





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Learn an instrument



Does your child love music? We have trained teachers waiting to teach your child an instrument.

There are opportunities to attend instrument festivals run by Harrow Music Service with other local schools such as string festival and guitar festival.

We have **drums**, **violin**, **guitar** and **keyboard** lessons available.

Please ask at the office for more information.



Parent Consultations

Thank you to all our parents and carers who were able to attend this week's parent consultation meetings with your child's class teacher. We truly appreciate your time and partnership.

We hope you found the meeting informative and that you are pleased with the progress your child has made since the start of the new school year. Your continued support plays an important role in your child's learning journey, and we look forward to working together to help them achieve even more in the months ahead.

Anti-Bullying Week and Odd Sock Day

To further support our learning on Anti-Bullying, we will be exploring a range of activities next week, during Anti-Bullying Week. We will start the week by having an '**Odd Sock Day**' to support on **Monday 10th November**. Children should wear their normal school uniform (PE kit if it is their PE Day) with the addition of odd socks.





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Cedars Manor School
WINTER FAIR

WEDNESDAY 3RD DECEMBER
3:30PM - 5PM IN THE SCHOOL HALL

FREE ENTRY

JOIN US FOR:
HOT CHOCOLATE STATION
BAKE SALE
PRELOVED UNIFORM
GAMES
AND MORE!

For further information about this event please contact friendsofcms@cedarsmanor.harrow.sch.uk

We're inviting parents and carers who would like to promote their own businesses or hire a stall at our upcoming school fair to get in touch with us.

If you're interested, please email us at friendsofcms@cedarsmanor.harrow.sch.uk or leave your contact details with the school office, and a member of our team will get back to you.

We'd love to showcase and support our wonderful school community — so don't miss out on this opportunity!



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ATTENDANCE EXPECTATIONS

If your child is ill or unable to attend school, it is important that you inform the school office **before 9am**.

You can do this by either speaking directly to a member of staff or leaving a voicemail on the absence line (Option 1).

If you are unsure if you should send your child to school please refer to the information in this link to determine: <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

We kindly ask that all appointments for your child, including medical and dental visits, be scheduled **during the school holidays or after school hours** whenever possible.

Appointments during the school day can disrupt your child's learning and impact their progress.



PARKING OUTSIDE THE SCHOOL

We kindly ask all parents and carers to ensure they are parking responsibly when dropping off and picking up their children.

Unfortunately, we have noticed an increasing number of vehicles creating hazards for pedestrians and other road users. This not only poses a safety risk for the parents and children but also disrupts traffic flow around the school.



In addition, please remember that the children's safety in the car is just as important as their safety around it.

Drivers are **legally** responsible for making sure that any child **under 14** is correctly and securely restrained in a car seat or seat belt appropriate for their age, height, and weight. Even for short journeys, please double-check that car seats are properly fitted and that all seat belts are fastened securely.

Value of the Month: Empathy

Empathy: understanding and sharing the feelings of others with kindness, compassion, and respect. It means listening with an open heart, considering different perspectives, and offering support when someone needs it.



We encourage our students to demonstrate empathy by being good listeners, showing kindness in their words and actions, and being mindful of how others may feel. Empathy helps us build stronger relationships, create a more supportive community, and make sure everyone feels valued and understood.



EMAILS OF THE WEEK:

27/10/2025 - Maths Club!

27/10/2025 - Coding Club!

27/10/2025 - Multisports Club!

27/10/2025 - Girls and Boys Football Club!

27/10/2025 - Choir Club!

27/10/2025 - Autumn/Winter Menu!

05/11/2025 - Clubs Starting Next Week!

06/11/2025 - Christmas Pantomime



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LEARNING AT CEDARS MANOR SCHOOL

Nursery

We have been learning: how to make biscuits for our tea party, ready to decorate them with our grown ups.

You can help at home by: involving the children when cooking, they can mix, stir, pour, roll, knead.

Reception

We have been learning: all about the Rainforest and animals you find in the Rainforest.

You can help at home: discuss with your child what animals we found in the Rainforest.

Year 1

We have been learning: about the four seasons in Science.

You can help at home by: talking about the weather and changes you see outside.

Year 2

We have been learning: addition and subtraction using number lines

You can help at home by: use a ruler or a soft measuring tape to help children practice addition by moving a finger forward along the numbers to add up. For subtraction, they guide the child to move backward to see how the numbers decrease.

Year 3

We have been learning: different types of rocks and their properties

You can help at home by: safely looking at the different types of rocks you can find in your garden/local green spaces and what they look and feel like.

Year 4

We have been learning: about how burial sites help us find out about who lived in Roman Britain.

You can help at home by: looking at pictures or videos of Roman burial sites. Discuss what these discoveries can tell us about the people who live in Roman Britain.

Year 5

We have been learning: about the Vikings and how they travelled.

You can help at home by: researching what their boats were like and the reason for why they travelled to different countries.

Year 6

We have been learning: how to solve problems using long division.

You can help at home by: encouraging your child to create their own long division problem to solve. In addition, encourage them to check their answers using the inverse operation.

Thank you for supporting your child's learning at home. Your involvement helps to reinforce what they've been doing in school and makes a big difference in their progress!

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about **POKÉMON TCG POCKET**

AGE RESTRICTION
PEGI 3

WHAT ARE THE RISKS?

Pokémon TCG Pocket is a mobile version of the hugely popular Pokémon Trading Card Game, downloaded over 100 million times on Android and iOS. Players collect cards, battle others online, and open packs of cards – known as booster packs – to expand their decks. While the core game can be fun and helps develop tactical and numeracy skills, its design encourages spending and can feed addictive behaviours – making it important for adults to understand the risks.

ADDICTIVE PACK OPENING

Booster packs rely on probability to provide rare or powerful cards. The excitement of opening them – and the dopamine rush when finding a sought-after card – can become addictive. Unlike purely cosmetic loot boxes, the cards here are integral to competitive gameplay, adding extra pressure for serious gamers to collect more.

QUICK BUT ABSORBING

Card battles last around five to six minutes, making it easy to fit in “just one more game”. This quick format, combined with the drive to win, can lead to prolonged play sessions and increased screen time without noticing. With limited-time ranked Match seasons constantly being refreshed – an opportunity to accumulate points and earn profile emblems – players may find themselves drawn into this game mechanic repeatedly.

PREMIUM PASS PRESSURE

A monthly subscription gives players access to exclusive missions, rewards, and an extra daily booster pack. Missions and rewards are replaced each month, providing an incentive to stay subscribed. While some premium rewards are exclusive, others are available through free play – making the pass more about faster progression and obtaining cosmetic items than true necessity.

ENDLESS PACK LOOPS

New themed sets of cards are released each month, ranging from around 85 to over 370 cards per expansion. This constant cycle encourages players to keep opening packs in an effort to complete collections or improve their battle decks, potentially promoting unhealthy spending habits. With the introduction of limited-time booster packs, some players may feel increased pressure to collect these cards while they're still available.

COST OF BOOSTER PACKS

Although free to play, with set rewards and two free booster packs given daily, players can exchange Poké Gold if they wish to open more, and a small amount of Poké Gold is rewarded for free as the player levels up. Poké Gold is also sold in bundles that are often just short of what players need to open extra packs, encouraging them to buy additional bundles.

COMPETITIVE ONLINE PLAY

Interactions in Pokémon TCG Pocket are relatively safe – there's no messaging between players, friend requests require player approval, no real names are used, and card trading is restricted to fair trades between friends. On the other hand, the competitive nature of online play can still cause frustration, over-investment, and isolation if children spend too much time focused on the game.

Advice for Parents & Educators

MONITOR SPENDING HABITS

Set clear boundaries around in-game purchases. Treat Poké Gold as an occasional rather than routine reward, helping children develop healthier attitudes towards digital spend.

SET REALISTIC EXPECTATIONS

Talk about the unpredictable nature of booster packs and prepare children for disappointment when duplicates appear or rare cards don't surface. Understanding probability can help minimise disappointment – use the game's built-in offering rates guides to find out more about it.

PLAY TOGETHER

Card battles can help children learn tactics, problem-solving, and rule-following, as well as numeracy skills. Playing alongside them is a great way to share in their enjoyment, while also modelling balanced play and keeping an eye on how much they're investing in the game.

TEACH FAIRNESS

Losing a battle can be discouraging, especially when money has been spent on collecting the cards to build a deck. Support children in recognising the importance of fairness, learning from both wins and losses, and making considered choices when trading cards.

Meet Our Expert

Dan Upscombe is a videogame journalist and children's book author with over 15 years of experience, specialising in technology and gaming. He has written extensively on how digital platforms affect young people and has been playing games for more than three decades.



The National College



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Are you home educating a child?

Stop the flu! Vaccinate your child! Protect your community!

If your child is 4 - 16 years old, they are eligible for their free flu vaccine.

(We also offer the nasal vaccine up to age 25 in SEN schools)

Vaccinating your child will STOP them from being seriously ill this winter and significantly reduce the risk of hospitalisation in children and vulnerable individuals. We can offer your child:

NASAL VACCINE OR THE INJECTION

- Is highly recommended for children,
- The nasal vaccine is most effective at reducing the spread of flu in children.
- Is painless, quick and effective
- Is free for children.
- The injectable flu vaccine is effective at reducing the spread of flu
- Injection vaccine is GELATINE FREE and can be used if nasal vaccine not appropriate.
- Is free for children.

Scan the QR code and complete the online form to book an appointment.



Need more information? Visit the NHS website



Flu Vaccine

Parent Webinar Recording Available!

Did you miss our Flu Webinar?



Don't worry - you can now catch up at a time that suits you. Scan here to watch:

This specially designed session for parents and carers covers:

- Why flu can be more serious for children than you might think
- How the flu vaccine helps protect your child - and those around them
- The wider impact flu has on the NHS every winter
- Common side effects explained in plain language

It's a quick, informative watch that could give you the confidence and clarity you need to make the right decision for your child.

Feedback from parents who joined:

"The number of deaths related to flu shocked me."

"It clarified that the public need educating."

"It is safe to take the vaccine and would protect my kids better from flu."

If you have questions, please get in touch with your local team, scan here for details:

