



Cedars Manor School Newsletter

Issue 4 — 26th September 2025

WEEKLY ATTENDANCE

OVERALL ATTENDANCE – 93.30% Week ending 26/09/2025				
	Class	%	No of Pupils late	No of <u>lates</u>
1	Fir	96.36	0	0
2	Yew	96.15	1	1
3	Elm	96.74	0	0
4	Cherry	96.33	3	4
5	Beech	94.67	3	3
6	Hawthorn	89.58	1	2
7	Sycamore	85.17	1	1
8	Maple	93.18	2	3
9	Rowan	90	1	2
10	Pine	95.36	1	1
11	Spruce	96.91	4	6
12	Willow	87.37	0	0
13	Hazel	91.11	2	2
14	Lime	97.83	2	2

The whole school attendance is **93.30%** this week, which is **BELOW** the school average of **96%** and **BELOW** the National average of **95%**



Dates for the Diary

- 2nd October—YR4 TTRS Day
- 3rd October—Sycamore Class Assembly
- 22nd October—YR5 Science Museum Trip
- 24th October—Reception Dinosaur Making Workshop
- 4th November—Parents Evening Day 1
- 6th November—Parents Evening Day 2
- 10th November—Hawthorn Class Assembly
- 17th November—Lime Class Assembly
- 19th November—YR1 Headstone Manor
- 20th November—YR3 Headstone Manor
- 21st November—Beech Class Assembly
- 24th November—Individual School Photos
- 28th November—Fir Class Assembly
- 5th December — Winter Fair
- 5th December — Pine Class Assembly

Important Information: Flu & MMR Catch-Up Clinics – Harrow

Harrow Council is offering a number of catch-up clinics over the coming weeks. These sessions are open to families who would like to ensure their child is up to date with their vaccinations.

Please see the clinic dates, times, and venues below:

Saturday 11th October 2025	9:30AM-14:30PM	Kenmore Park Children's Centre, Warneford Road, Harrow, HA3 9HZ
Monday 20th October 2025	16:30PM-17:30PM	Cedars Children's Centre, Whittlesea Road, Harrow, HA3 6LS
Tuesday 28th October 2025	9:30AM-14:30PM	Hillview Children's Centre, 2 Grange Road, Harrow, HA2 0LW
Tuesday 18th November 2025	16:30PM-17:30PM	Cedars Children's Centre, Whittlesea Road, Harrow, HA3 6LS
Saturday 29th November 2025	9:30AM-14:30PM	Kenmore Park Children's Centre, Warneford Road, Harrow, HA3 9HZ
Monday 8th December 2025	16:30PM-17:30PM	Cedars Children's Centre, Whittlesea Road, Harrow, HA3 6LS
Saturday 13th December	9:30AM- 14:30PM	Kenmore Park Children's Centre, Warneford Road, Harrow, HA3 9HZ

These clinics are a helpful opportunity for families who may have missed the school vaccination date or who prefer to attend a local clinic instead.

If you have any questions about your child's eligibility or would like more information, please contact the school office or your GP.



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Celebrating Success!

We are proud to announce that our school, Cedars Manor, has again been awarded the **Gold Award from TFL** (Transport For London) - the highest recognition for our school travel plan and sustainable travel initiatives. This celebrates the brilliant effort from pupils, families and staff in supporting safer, healthier and eco-friendly journeys to school. A huge thank you to everyone for all the hard work that went into this award.

Young Peace Ambassadors - Peace Education Day

Our newly appointed Young Peace Ambassadors attended their first workshop - Peace Education Day, on **Wednesday 24th September** as part of the Peace Project we are taking part in. They had a fantastic day, working alongside other schools and learning about Peace within themselves. We are very excited to be a part of this exciting project and look forward to our Ambassadors sharing their learning with us as a school community.



Recycling Week - Book Sale



Our Eco Warriors ran a book sale this week to support Recycling week. By re-homing items that have not been used in a while, we are reducing waste and repurposing. We raised a fantastic **£136** which will be used to further support our curriculum. Well done to our fantastic Eco Warriors.



Year 3 Visit to Stanmore Library

Year 3 had a wonderful visit to Stanmore Library on Wednesday. This trip supported the children's learning in English, studying the text 'The Legend of Spud Murphy.' The librarian gave the children a tour of the library and read part of a story to them. After the library, children enjoyed a visit to the local park to have lunch. The children behaved impeccably throughout the day and were a credit to our school.





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Attendance Expectations

If your child is ill or unable to attend school, it is important that you inform the school office **before 9am.**

You can do this by either speaking directly to a member of staff or leaving a voicemail on the absence line (Option 1).

If you are unsure if you should send your child to school please refer to the information in this link to determine: <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

We kindly ask that all appointments for your child, including medical and dental visits, be scheduled **during the school holidays or after school hours** whenever possible.

Appointments during the school day can disrupt your child's learning and impact their progress.

Value of the Month: TOLERANCE

Tolerance: accepting and respecting differences in others, whether in opinions, beliefs, cultures, or abilities. It means being open-minded, patient, and kind, even when people think or act differently from us.



We encourage our students to demonstrate tolerance by listening with respect, appreciating diversity, and showing empathy toward others. Tolerance helps us build inclusive communities, resolve conflicts peacefully, and grow into compassionate individuals

Dear Parents and Carers,

Thank you to everyone who attended our **Macmillan Coffee Morning**, held in memory of Sue Proctor and Timothy Smith, two treasured members of our school community who passed away due to cancer. It was a meaningful time to remember and connect.

Our Year 3 pupils had a wonderful trip to the local library, inspiring their love of reading. Our Peace Ambassadors took part in a collaborative learning day with other schools, focusing on sustainability and global peace, values we deeply uphold.

Reception pupils joined their first school assembly this term, marking an important milestone.

We wish all families who observed Rosh Hashanah a peaceful and joyful celebration.

The Coffee Morning also provided a chance to discuss the school year's start and answer your questions. Thank you for your continued support in making Cedars Manor a welcoming and thriving place to learn.

Look out for the dates for other coffee mornings or afternoons.

A reminder we have a parent governor vacancy open. If you would like to apply please fill in the form emailed out.

K McClean



Emails of the week:



25/09/2025 - Eco Warrior Book Sale

26/09/2025 - Reminder: Macmillan Coffee Morning

26/09/2025 - Important Update—PE Kit Days



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Learning at Cedars Manor School

Nursery

We have been learning: to make different marks. We've explored using the chalk to make dots, lines, swirls and zig-zags.

You can help at home by: letting the children use different pens, pencils, chalks or paints to explore making a range of different marks.

Reception

We have been learning: all about dinosaur fossils and bones

You can help at home: discussing with your child how they discover the bones and who digs them up.

Year 1

We have been learning: about the properties of materials;

You can help at home by: encouraging them to spot and talk about different materials around the home and their uses.

Year 2

We have been learning: drawing continuous line without lifting up the pencil

You can help at home by: supporting your child draw things around them such as flowers or even faces. Remind them to draw slowly and not use a rubber.

Year 3

We have been learning: about how artefacts are objects that help us understand the past

You can help at home by: looking around at objects or photos that can show the children what life was like before they were born

Year 4

We have been learning: to write a monologue

You can help at home by: exploring the features of a monologue using the internet

Year 5

We have been learning: to investigate the patterns in the solar system

You can help at home by: going to a library and looking at books about the solar system to deepen their understanding

Year 6

We have been learning: about different types of democracy

You can help at home by: taking to your child about democracy and British values

Thank you for supporting your child's learning at home. Your involvement helps to reinforce what they've been doing in school and makes a big difference in their progress!



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Open days

Harrow's secondary schools will be holding open events in September and October to help parents and children decide on their applications.

Many schools begin their sessions with a short presentation. If you cannot make these dates and times, please contact schools for alternatives – all schools welcome visitors at other times.

Avanti House	Open Evening Wednesday 17 September 2025 , 5pm – 8.30pm Open Mornings Monday 22 September – Thursday 25 September 2025 from 9.30am by appointment with the school.
Bentley Wood High School	Open Evening Thursday 11 September 2025 , 6.30pm – 9pm Open Mornings Monday 15 September – Friday 19 September 2025 , 9am – 12 noon
Canons High School	Open Evening Wednesday 1 October 2025 , 5.30pm – 8pm Open Mornings Monday 6, Tuesday 7 and Wednesday 8 October 2025 , 9am – 10am
Harrow High School	Open Evening Wednesday 24 September 2025 , 6.30pm Open Morning Tours by appointment – please contact the school
Hatch End High School	Open Evening Thursday 25 September 2025 , 5.30pm – 8pm (Headteacher's Speech at 5.30pm and 7.15pm) Open Mornings Monday 29 September and Wednesday 1 October 2025 , 9.30am Please book for both events via the school website
Nower Hill High School	Open Mornings - Monday 22 September – Friday 26 September 2025 (excluding Wednesday 24 September 2025) Information, presentations and tours for families and children to see the school in the normal working day commence at 9.00am and finish at 11.00am each day. Places for any of the four Open Mornings can be booked via the link on the school website from the start of September. Additional tours available on request.
Park High School	Open Evening Thursday 18 September 2025 6pm – 8pm (last admission 7.30pm) Open Mornings Tuesday 23, Wednesday 24 and Thursday 25 September and Wednesday 1 and Wednesday 8 October 2025 (Please book via the link on the school website from the start of September)
Pinner High School	Open Evening Thursday 2 October 2025 4.30pm and 6.30pm - Head's talk and school tour for parents/carers and children No booking required Open Morning Monday 6 October 2025 9am – 10.15am and 11am – 12.15pm – school tour only for parents/carers and children to see the school during the normal working day. Booking required
Rooks Heath School	Open Evening Wednesday 10 September 2025 5.00pm – 7.30pm with Open Mornings available on request between 9.10am – 10.30am
The Sacred Heart Language College	Open Evening Tuesday 9 September 2025 , 6.30pm – 8.30pm Open Afternoon Thursday 18 September 2025 , 4.00pm – 6.00pm
Salvatorian College	Open Evening Tuesday 30 September 2025 , (5.30pm - 7.30pm) Open Mornings commencing from Thursday 2 October 2025 (9am - 10am, by appointment)
Whitefriars	Open Evening - Friday 26 September 2025 , 4.30pm – 7.30pm (Headteachers talk at 5.00pm & 6.30pm) Open week beginning – Monday 29 September 2025 – Bookable tours at 9am
Whitmore High School	Open Day/Evening Monday 15 September 2025 3.30pm – 5.30pm and 6.30pm – 8.30pm

Secondary School Transfer – September 2026 Entry

SEPTEMBER 2014 AND 31 AUGUST 2015

You need to apply to transfer to secondary school. Please apply:

Online at www.eadmissions.org.uk

CLOSING DATE FOR APPLICATIONS IS

31 OCTOBER 2025

We strongly recommend that you submit your secondary application by **Friday 24 October 2025**, as this is the Friday before the half term holiday.

Open Days

To help you make an informed decision, we've included a list of all upcoming **secondary school open days** for you to visit. These open days are a great opportunity to:

- Tour the school grounds and facilities
- Meet teachers and staff
- Ask questions about curriculum, support, and extracurricular activities
- Get a feel for the school environment

Please take the time to visit the schools you're considering — this will help you choose the best fit for your child.

At The National College, our WakeUp/Wednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about YOUTH VIOLENCE

Youth violence affects one in four children in the UK, but it doesn't have to. When parents, carers, and educators understand the risks, they're better placed to support young people. The right support, mentoring, therapy, and guidance can help young people affected by violence to feel safe, manage conflict, and make positive choices.

UNDERSTANDING YOUTH VIOLENCE

WHY DO YOUNG PEOPLE COMMIT SERIOUS VIOLENCE?

A recent study surveyed over 10,000 young people affected by violence, asking why serious violence occurs among their peers, such as an assault involving a weapon or sexual violence. The most common reasons given were due to a personal characteristic of the victim e.g. race, religion, sexuality, gender, a gang or school rivalry, and being provoked. While not all young people face these issues, many lack the emotional regulation skills needed to manage provocation.

WHAT ARE SIGNS A YOUNG PERSON IS AT RISK?

Children and young people often express that something is wrong through behaviour rather than words. Be alert to signs such as sudden mood changes, secrecy around friendships, excessive phone use, unfamiliar slang, unexplained injuries, fear of school, aggression, going missing, or substance use. They may also be associating with older peers. These behaviours can indicate underlying issues that can lead to violence.

ONLINE INFLUENCES

Social media plays a powerful role in normalising and escalating violence. Platforms like TikTok and Snapchat can expose young people to harmful content, often shared by algorithms. Many see violent material that distorts reality, leading to fear and desensitisation. A recent study found 70% had seen real-world violence online, and 80% felt less safe in their communities. Alarmingly, 38% said it made them more likely to carry a weapon. Online conflict can often spill into real life, with serious and sometimes tragic consequences.

Opportunity

UNCERTAINTY

Community

CONFLICT

Wellbeing

FEAR

Respect

WHEN IS VIOLENCE MORE LIKELY TO HAPPEN?

For children and young people in England and Wales, the hours between 4 pm and 8 pm – just after school – carry a particularly high risk for serious violence. This can stem from conflicts that escalate during the school day, online arguments, or simply moving through unfamiliar areas on the way home. Understanding this risk helps us support safer travel and routines. Our recent report found that over one in three young people don't feel safe in the area they live in, and 36% don't feel safe walking the streets.

WHY MIGHT A YOUNG PERSON CARRY A WEAPON?

Young people may carry weapons due to fear, threats, peer pressure, or a false sense of protection. Many young people tell us they feel unsafe and carry weapons 'just in case', while others may be influenced by social media, peers, or criminal activity. Some don't realise it's illegal or may believe it earns respect.

WHERE IS VIOLENCE MORE LIKELY TO HAPPEN?

Violence often happens in certain places. Busy areas like transport hubs carry risk simply because lots of people gather there. Other hotspots, like places linked to drug activity, attract those more likely to be involved in violence. Some areas become risky due to poor supervision, such as under-resourced public spaces. Understanding where violence tends to occur helps us guide young people safely through their communities and advocate for better support and safer spaces.

Advice for Parents & Educators

TALKING TO CHILDREN ABOUT STAYING SAFE

Choose a safe moment for the conversation, emotionally and physically. If a child is upset or angry, help them settle before discussing serious topics. Listen actively without judgement, even if what they share is difficult. Avoid interrupting and offer advice when the time feels right. If you're worried, you're not alone; support is available.

HELP CHILDREN UNDERSTAND CONSEQUENCES

Young people can be searched by police or teachers if suspected of carrying a weapon. If found with a knife, they could face arrest and criminal proceedings. A conviction can result in a criminal record. Even being present during a violent assault, encouraging it, filming, or sharing footage can lead to prosecution. Open and honest conversations can help children understand these risks and make safer choices.

AVOID CONFLICT & MANAGE ESCALATIONS

Encourage young people to consider the 'Safe T's' – Trust instincts, Take a breath, and Talk to a trusted adult. When triggered or provoked, they may react from their 'survival brain', unable to think clearly about the consequences. Taking a breath helps calm, and helps them access their 'thinking brain'. Remind them that moments pass, and seeking support from trusted adults builds resilience and safer decision-making.

REPORT INFORMATION

We all have a role in preventing violence. If a child shares concerns, you can act. For educators, it's important to follow your school's safeguarding procedures. Other adults can report anonymously through Fearless or CrimeStoppers, and speak with other parents, the school, or local police through 101. If someone is in immediate danger, always call 999. These steps help protect children and the wider community.

Meet Our Expert

The Ben Kinsella Trust is a UK anti-knife crime charity educating young people through immersive workshops, awareness campaigns, and community resources. Visit: benkinsella.org.uk



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/youth-violence>

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FOR PARENTS & CARERS

HEALTHY FAMILIES: RIGHT FROM THE START

FREE 8-SESSION PROGRAMME

SIGN UP
TODAY!

Helping families give their little ones the best start in life.

A unique programme supporting parents and carers of children aged 0–5 to:

- Build skills to support your parenting journey with confidence.
- Discover simple fun ways to keep your little ones active.
- Explore healthy meals and snacks that work for the whole family.
- Create family routines that support a balanced, happy lifestyle.
- Strengthen family bonds and make everyday moments special - together.

Programme details:

When:
Starting Wednesday 1st October 2025 and running for 8 weekly sessions (no group during half term)

Time:
9.30am-12.00pm

Where:
Kenmore Park Children's Centre,
Warneford Road, Harrow, HA3 9HZ

FREE crèche spaces available!



You'll also receive a **FREE** toolkit packed with resources to help you along the way.

contact us:

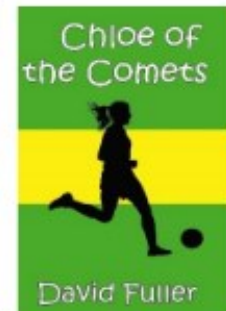
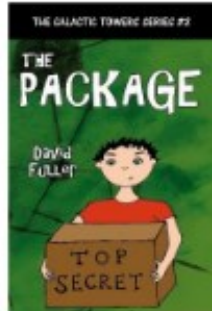
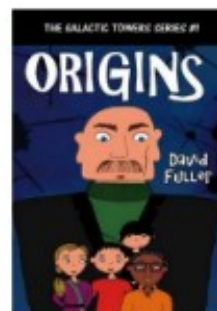
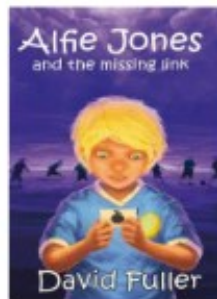
Pop in to find out more or call us on 020 8416 8400
you can also email: earlysupporthub@harrow.gov.uk



LONDON BOROUGH OF
HARROW



Author visit



On Tuesday 21st October 2025, children's author David Fuller will be visiting Cedars Manor Primary School to talk to the KS2 children about his books and explain what inspires him as a writer.

Please visit the www.alfie-jones.co.uk website for more information.

David will also be selling and signing copies of his book(s) at the reduced price of £4.50 (usually £5) to any children who would like a copy.



www.facebook.com/DavidFullerAuthor



@08DavidFuller



www.alfie-jones.co.uk

Your child may receive a booking form to pre-order books connected to this visit. If you are interested, please complete the form and return it to **Mrs Smeulders**.