



Cedars Manor School Newsletter

Issue 3 — 19th September 2025



Tooth Brushing Programme at CMS



We are excited to announce that our Nursery and Reception children at CMS will be taking part in the **Harrow Tooth Brushing Programme** during this academic year.

This engaging and educational programme is a wonderful opportunity for our youngest learners to begin developing essential life skills around oral hygiene.

We look forward to seeing our children take part in this valuable initiative and can't wait to see their enthusiasm as they learn all about keeping their smiles happy and healthy!



Bikeability

Congratulations to our Year 5 and 6 pupils who took part in the Bikeability training this week.

The children worked hard on completing either Level 1 - Bike riding confidence or Level 2 - Safety when riding on the roads. The children completing the training had a fantastic time and showed determination and dedication in improving their bike riding skills. The children were a credit to our school with their exemplary and sensible behaviour when riding their bikes on the roads.

Meet the Teacher Slides Available Online

If you were unable to attend or would like to revisit the information, the **Meet the Teacher slides** have been uploaded to **Google Classroom** for your convenience.

Please log in to your child's class page to view the presentation and stay informed about the year ahead!



Recycling Week



Next week, **22nd September - 26th September** is Recycling Week. Our newly appointed Eco Warriors will be taking part in a Recycling Project to improve Recycling at our school. They will present their ideas to the school in an assembly at the end of the week.

Additionally, the Eco Warriors will be having a book sale next Thursday **25th from 3:15-3:45pm** on the playground to support sustainability. Books will be available in bundles to purchase and will range in price from **£1-£3 per bundle**. We will be accepting **cash only**.



Pupil Parliament

We are pleased to announce our Pupil Parliament representatives at CMS for this academic year. The children have followed an application process to nominate themselves, share their suitability for the roles and were then selected by merit or vote.

Congratulations to all of our newly appointed representatives.

Our CMS Representatives are:

- Head Pupils (Year 6)
- School Council (Year 1 - 6)
- Eco Warriors (Year 4)
- Junior Road Safety Officers (Year 5)
- Rights Respecting Rangers (Year 1 - 6)
- Mental Health Ambassadors (KS2)
- Young Ambassadors for Peace (Year 5)



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WEEKLY ATTENDANCE

OVERALL ATTENDANCE – 92.34% Week ending 19/09/2025				
	Class	%	No of Pupils late	No of <u>lates</u>
1	Fir	97.27	0	0
2	Yew	97	2	13
3	Elm	96.79	2	2
4	Cherry	96.43	5	10
5	Beech	94.67	5	11
6	Hawthorn	93.75	3	6
7	Sycamore	93.1	4	7
8	Maple	90	2	3
9	Rowan	89.58	5	11
10	Pine	88.57	2	2
11	Spruce	88.57	5	14
12	Willow	87.37	0	0
13	Hazel	85.56	3	10
14	Lime	83.2	4	10

The whole school attendance is **92.34%** this week, which is **BELOW** the school average of **96%** and **BELOW** the National average of **95%**



Dates for the Diary

24th September—YR3 Library Trip

24th September—Peace Education Day

2nd October—YR4 TTRS Day

22nd October—YR5 Science Museum Trip

24th October—Reception Dinosaur Making Workshop

4th November—Parents Evening Day 1

6th November—Parents Evening Day 2

19th November—YR1 Headstone Manor

20th November—YR3 Headstone Manor

24th November—Individual School Photos

Workshop Reminder for Reception, Y1 & Y2 Parents

If your child is in **Reception, Year 1, or Year 2**, please don't forget to **confirm your attendance** to our upcoming **Reading Log Workshop** On **Monday, 22nd September at 9:00am**.

We'll be introducing our **new reading log platform**, *Learning with Parents*, and showing you how to use it to support your child's reading journey at home.

Your participation will help ensure a smooth and successful start with the new system—we look forward to seeing you there!



Uniform Expectations



Pupils are expected to wear school uniform **every day**, which includes a **white shirt or polo**, a **red jumper or cardigan**, and **black or grey trousers, skirt, or pinafore**.

On **PE days**, pupils are still expected to wear **school uniform**. They should wear their **PE kit** only during their scheduled PE lessons. Please ensure your child is wearing **school shoes** (not trainers) as part of their everyday uniform.

Please remember to label all clothing with our child's name clearly.



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Attendance Expectations

If your child is ill or unable to attend school, it is important that you inform the school office **before 9am**.

You can do this by either speaking directly to a member of staff or leaving a voicemail on the absence line (Option 1).

If you are unsure if you should send your child to school please refer to the information in this link to determine: <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

We kindly ask that all appointments for your child, including medical and dental visits, be scheduled **during the school holidays or after school hours** whenever possible.

Appointments during the school day can disrupt your child's learning and impact their progress.



Parking outside the school

We kindly ask all parents and carers to ensure they are parking responsibly when dropping off and picking up their children.

Unfortunately, we have noticed an increasing number of vehicles creating hazards for pedestrians and other road users. This not only poses a safety risk for the parents and children but also disrupts traffic flow around the school.



In addition, please remember that the children's safety in the car is just as important as their safety around it.

Drivers are **legally** responsible for making sure that any child **under 14** is correctly and securely restrained in a car seat or seat belt appropriate for their age, height, and weight. Even for short journeys, please double-check that car seats are properly fitted and that all seat belts are fastened securely.

Value of the Month: TOLERANCE

Tolerance: accepting and respecting differences in others, whether in opinions, beliefs, cultures, or abilities. It means being open-minded, patient, and kind, even when people think or act differently from us.



We encourage our students to demonstrate tolerance by listening with respect, appreciating diversity, and showing empathy toward others. Tolerance helps us build inclusive communities, resolve conflicts peacefully, and grow into compassionate individuals



Emails of the week:



- 15/09/2025** - Year 2 Cooking Activity
- 15/09/2025** - Year 4 Cooking Activity
- 15/09/2025** - Parentpay Activation
- 16/09/2025** - Toothbrushing Programme
- 16/09/2025** - Flu Vaccinations
- 16/09/2025** - Nursery Flu Vaccinations
- 17/09/2025** - Learning with Parents
- 18/09/2025** - Macmillan Coffee Morning
- 18/09/2025** - Parent Governor Vacancy



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Learning at Cedars Manor School

Nursery

We have been learning: to explore all the activities in Nursery independently during our first full week without our grown-ups!

You can help at home by: encouraging your child to practise putting on their coat and pulling up their trousers by themselves.

Reception

We have been learning: all about dinosaurs

You can help at home: discussing with your child what features a meat eating dinosaur has.

Year 1

We have been learning: finding one more and one less than a given number within 20

You can help at home by: practicing to count objects together and ask, "What is one more?" or "What is one less?"

Year 2

We have been learning: to identify the features of a diary entry

You can help at home by: letting children write short diary entries, such as a couple of sentences and even with emoji icons to express their emotions.

Year 3

We have been learning: to identify bones in the human body

You can help at home by: asking your child to bend joints and identify which bones are moving.

Year 4

We have been learning: about how to maintain healthy teeth and why is it important

You can help at home by: asking what our teeth are made of and why it is important to maintain healthy teeth.

Year 5

We have been learning: what happened after the Romans left Britain.

You can help at home by: asking your child to identify who the Anglo Saxons were and where they came from.

Year 6

We have been learning: how to write a summary and prediction.

You can help at home by: asking your child to write a summary about something they have read or learnt about. They need to think about the who, what, where, why, when and how, and just focus on the key points.

Thank you for supporting your child's learning at home. Your involvement helps to reinforce what they've been doing in school and makes a big difference in their progress!



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Open days

Harrow's secondary schools will be holding open events in September and October to help parents and children decide on their applications.

Many schools begin their sessions with a short presentation. If you cannot make these dates and times, please contact schools for alternatives – all schools welcome visitors at other times.

Avanti House	Open Evening Wednesday 17 September 2025 , 5pm – 8.30pm Open Mornings Monday 22 September – Thursday 25 September 2025 from 9.30am by appointment with the school.
Bentley Wood High School	Open Evening Thursday 11 September 2025 , 6.30pm – 9pm Open Mornings Monday 15 September – Friday 19 September 2025 , 9am – 12 noon
Canons High School	Open Evening Wednesday 1 October 2025 , 5.30pm – 8pm Open Mornings Monday 6, Tuesday 7 and Wednesday 8 October 2025 , 9am – 10am
Harrow High School	Open Evening Wednesday 24 September 2025 , 6.30pm Open Morning Tours by appointment – please contact the school
Hatch End High School	Open Evening Thursday 25 September 2025 , 5.30pm – 8pm (Headteacher's Speech at 5.30pm and 7.15pm) Open Mornings Monday 29 September and Wednesday 1 October 2025 , 9.30am Please book for both events via the school website
Nower Hill High School	Open Mornings - Monday 22 September – Friday 26 September 2025 (excluding Wednesday 24 September 2025) Information, presentations and tours for families and children to see the school in the normal working day commence at 9.00am and finish at 11.00am each day. Places for any of the four Open Mornings can be booked via the link on the school website from the start of September. Additional tours available on request.
Park High School	Open Evening Thursday 18 September 2025 6pm – 8pm (last admission 7.30pm) Open Mornings Tuesday 23, Wednesday 24 and Thursday 25 September and Wednesday 1 and Wednesday 8 October 2025 (Please book via the link on the school website from the start of September)
Pinner High School	Open Evening Thursday 2 October 2025 4.30pm and 6.30pm - Head's talk and school tour for parents/carers and children No booking required Open Morning Monday 6 October 2025 9am – 10.15am and 11am – 12.15pm – school tour only for parents/carers and children to see the school during the normal working day. Booking required
Rooks Heath School	Open Evening Wednesday 10 September 2025 5.00pm – 7.30pm with Open Mornings available on request between 9.10am – 10.30am
The Sacred Heart Language College	Open Evening Tuesday 9 September 2025 , 6.30pm – 8.30pm Open Afternoon Thursday 18 September 2025 , 4.00pm – 6.00pm
Salvatorian College	Open Evening Tuesday 30 September 2025 , (5.30pm - 7.30pm) Open Mornings commencing from Thursday 2 October 2025 (9am - 10am, by appointment)
Whitefriars	Open Evening - Friday 26 September 2025 , 4.30pm – 7.30pm (Headteachers talk at 5.00pm & 6.30pm) Open week beginning – Monday 29 September 2025 – Bookable tours at 9am
Whitmore High School	Open Day/Evening Monday 15 September 2025 3.30pm – 5.30pm and 6.30pm – 8.30pm

Secondary School Transfer – September 2026 Entry

SEPTEMBER 2014 AND 31 AUGUST 2015

You need to apply to transfer to secondary school. Please apply:

Online at www.eadmissions.org.uk

CLOSING DATE FOR APPLICATIONS IS

31 OCTOBER 2025

We strongly recommend that you submit your secondary application by **Friday 24 October 2025**, as this is the Friday before the half term holiday.

Open Days

To help you make an informed decision, we've included a list of all upcoming **secondary school open days** for you to visit. These open days are a great opportunity to:

- Tour the school grounds and facilities
- Meet teachers and staff
- Ask questions about curriculum, support, and extracurricular activities
- Get a feel for the school environment

Please take the time to visit the schools you're considering — this will help you choose the best fit for your child.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about SNAPCHAT

SNAP STREAK
97

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

With over 900 million active monthly users and billions of 'Snaps' sent each month, Snapchat is a popular messaging app among children and young people. It allows users to share fun, spontaneous pictures and videos with friends and family while using playful filters. One of Snapchat's unique features is that pictures, videos and messages are only viewable for a short period of time.

ARTIFICIAL INTELLIGENCE

Snapchat's use of artificial intelligence (AI) includes features like the 'My AI' chatbot and AI-powered filters, offering interactive experiences that can be fun but also pose risks. These tools may share unfiltered or inaccurate responses, promote unrealistic beauty standards, and collect personal data. Advanced filters and deepfake-style lenses can distort reality, potentially leading to manipulation, impersonation, or inappropriate content.

SNAPCHAT+

Snapchat+ is the platform's premium subscription service, offering early access to new and exclusive features. In June 2025, Snapchat introduced a new tier called Lens+, giving subscribers access to hundreds of lenses and AR experiences for playing, creating, and sharing Snaps. These paid features may encourage young users to spend money to access exclusive content, increasing the risk of overspending or feeling pressured to make in-app purchases.

SCREEN ADDICTION

Snapchat boosts user engagement and daily use with features like streaks (daily Snapchat exchanges between you and a friend). When a streak's been going for a few days, users will see a fire emoji. The number alongside it shows the number of days, but if users miss a day and break the streak, the only way to restore it is to pay. This encourages daily use habits, and frequent notifications can keep users returning to the app even more often.

ACCESSIBILITY

Snapchat is now accessible from a web browser, meaning children can use it on a laptop or tablet without downloading the app. This can make activity harder to monitor, reduce the effectiveness of parental controls, and increase the risk of unsupervised communication or exposure to inappropriate content.

SEXTORTION

Because Snapchat's disappearing messages feature may foster a sense of safety, users may become targets of sextortion. For example, a predator may pressure someone into sending nude images, then somehow capture those images to threaten and intimidate the victim. This might involve claiming they will share the images with friends or family unless money is paid.

INAPPROPRIATE CONTENT

Some content on Snapchat isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's disappearing messages feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

Advice for Parents & Educators

ACCESS THE SNAPCHAT FAMILY SAFETY HUB

Created with guidance from Common Sense Media, Snapchat has developed a Family Safety Hub that explains how the app works and how to use its in-app protections for teens. It's recommended that you review this guidance before allowing a child to download Snapchat. Remember, the app is only intended for children aged 13 and over.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasizing its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

BLOCK AND REPORT

If a stranger connects with a child on Snapchat and makes them feel uncomfortable by pressuring them to send or receive unwanted or inappropriate images, the child can tap the three dots on that person's profile to report or block them. There are options to state why they're reporting that user, with a tailored reporting section under the 'Nudity and Sexual Content' category. In this category, there's the option to report somebody for threatening to leak sexually explicit images, or 'nudes'.

USE PRIVACY SETTINGS TOGETHER

Sit down with the children in your care and explore Snapchat's privacy settings as a shared activity. You can help them adjust who can contact them, view their stories, or see their location on Snap Map. It's a good opportunity to explain why some settings are safer than others, reinforcing their understanding of online boundaries. Encourage them to regularly review these settings, especially after app updates or changes in their friendship groups.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat>



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It's time for a Macmillan Coffee Morning and you're invited

Let's do whatever it takes
to support people living with cancer.

Place: Cedars Manor School

Date: Friday 26th September 2025

Time: 8:40am - 9:30am



MACMILLAN
CANCER SUPPORT



Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland. MAC19933_InvitePoster