



Cedars Manor School Newsletter

Issue 8 — 12th June 2026



DATES FOR THE DIARY

- 16th June—Year 5 Visit The Globe
- 17th June—Year 3 Music Concert
- 18th June—Year 6 Music Concert
- 19th June—Cherry Class Assembly
- 22nd June—Year 5 V&A Museum
- 23rd June—Year 3 Science Museum
- 25th June—Reception Sea life Centre
- 26th June—Bonsai Class Assembly
- 26th June—Summer Fair
- 29th June—3rd July—Sports Week
- 3rd July—YR4 Entrepreneurship Day
- 3rd July—Reception Graduation
- 6th July—YR1 Seaside Day
- 8th July—YR6 National Theatre Trip
- 9th July—YR6 Production
- 14th July—YR6 Graduation

WEEKLY ATTENDANCE

OVERALL ATTENDANCE – **94.61%**

Week ending 12/06/2026

	Class	%	No of Pupils late	No of lates
1	Spruce	96.84	2	2
2	Hazel	96.84	1	1
3	Lime	96.4	4	4
4	Beech	96	5	5
5	Fir	95.71	0	0
6	Pine	95.6	0	0
7	Yew	95.38	0	0
8	Maple	95.29	1	1
9	Rowan	95.22	3	3
10	Sycamore	94.62	1	1
11	Elm	94.29	1	1
12	Cherry	89.62	3	3
13	Hawthorn	88.26	1	1

The whole school attendance is **94.61%** this week, which is **SLIGHTLY BELOW** the school average of **96%** and **BELOW** the National average of **95%**

THE MAYOR'S AIR QUALITY SCHOOL FILTERS PROGRAMME

On Friday 12th June, CMS was visited by a representative from the Mayor's Air Quality School Filters Programme. During assembly, the children learned about the importance of air filters and how they help to purify the air around us, supporting our health and wellbeing.

CMS was fortunate to receive air filters for every classroom back in March, and today's session helped the children understand why these are so important.

Following the assembly, Year 6 took part in an air quality workshop, where they planned healthy routes to school. They considered different options, including walking, cycling, and travelling through green spaces to reduce exposure to air pollution. The workshop was both informative and engaging.





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PHONICS SCREENING CELEBRATION

A huge well done to all of our Year 1 children who completed their Phonics Screening Check this week!

We are incredibly proud of the hard work and determination you have shown throughout the year. You approached the challenge with confidence, demonstrating just how much progress you have made.

Remember, the phonics check is only one small part of your learning journey, and every one of you should feel proud of your achievements.

We have loved watching your confidence as readers grow, and we know that your love of books and learning will continue to flourish.

THE BIG FUTURE SURVEY

Over the next two weeks, pupils will be taking part in The Big Future survey, led by the Children's Commissioner for England.

The survey gives children and young people the opportunity to share their views, experiences and aspirations for the future. The information gathered will help the Children's Commissioner represent the voices of children and young people and influence future decision-making at a national level.



Pupils will complete the survey in school during class time. We are pleased to be supporting this important initiative and giving our children the opportunity to have their voices heard.

For more information about The Big Future survey, please visit:

<https://www.childrenscommissioner.gov.uk/the-big-future/>

WORLD CUP FLAGS

To celebrate the start of the World Cup, the children coloured the flag of a country that represented themselves. In assembly, the children brought their flags and waved them whilst singing the song 'Wave Your Flag.' The children sang beautifully, and it was a wonderful opportunity for the school to come together and proudly show our diverse community.



THE WHEELY GREAT TREASURE TRAIL

On **Friday 12th June**, 8 of our pupils across Years 5 & 6 attended the Wheely Great Treasure Trail Event at Harrow Recreation Ground.

Over the course of the day, the children took part in a range of different activities, these included, developing their cycle skills, cycling around the park treasure trail, making a smoothie by pedalling a bike, understanding the importance of air quality through an interactive workshop and learning how to keep their bike well maintained.

At the end of the day, the children watched an exhilarating BMX stunt performance by the Extreme Mountain Bike Show, which was fantastic. The children had a brilliant day and represented our school exceptionally.





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LEARNING AT CEDARS MANOR SCHOOL

Nursery

We have been learning: about 'Goldilocks and the three bears'. In class we pretended to be Goldilocks and tasted porridge with honey, salty and plain, the favourite of the class was with honey.

You can help at home by: discussing what Goldilocks did right and wrong in the story and what she should have done instead.

Reception

We have been learning: about 'The Great Pet Sale' by Mick Inkpen. The children had fun making salt dough and then using the make to make a model of their favourite animal.

You can help at home by: making their own salt dough. 2 cups of plain flour, $\frac{3}{4}$ cup of salt and a cup of water. Slowly add the water into a dough is formed.

Year 1

We have been learning: about the main parts of a plant, including the roots, stem, leaves and flower.

You can help at home by: encouraging your child to look closely at plants on your walk, in the garden, in the park to see if they can identify these different parts.

Year 2

We have been learning: about Kenya.

You can help at home by: using a map or globe: point to Kenya, ask the child to find it, then have them say one sentence about its location (e.g., "Kenya is in East Africa"). Make flash cards of fact with a picture and write a short sentence about it.

Year 3

We have been learning: what different countries of Europe are like.

You can help at home by: talking about countries in Europe or going on Google Earth to show photos.

Year 4

We have been learning: about clauses in English.

You can help at home by: asking your child if they know the difference between a main clause and a subordinate clause and to give you examples.

Year 5

We have been learning: about different biomes and climates in Geography.

You can help at home by: watching documentaries about climates and biomes from different regions.

Year 6

We have been learning: about climate change

You can help at home by: talking to your child about the causes of climate change and what we can do about it.

Thank you for supporting your child's learning at home. Your involvement helps to reinforce what they've been doing in school and makes a big difference in their progress!



SUMMER FAIR

FRIDAY 26TH JUNE
3:30 – 6 PM

CEDARS MANOR SCHOOL

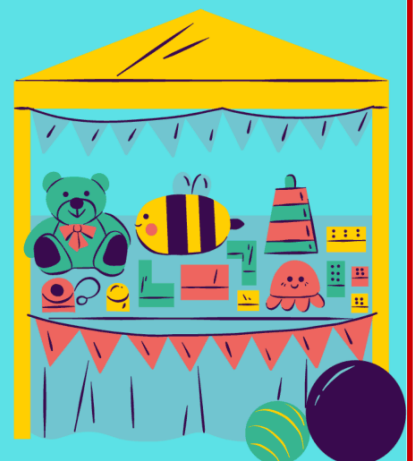
FREE ENTRY

WITH SPECIAL GUEST

DJ John Johnny



- Games •
- Inflatables •
- Bake Sale •
- Ice cream •
- Preloved uniform •
- and much more!



The Friends of CMS is the Parent, Teachers & Friends Association (PTFA) for Cedars Manor School. It is an unincorporated charity run by parent volunteers. To find out more information about how you can help either by volunteering, sponsorship or donating, please contact friendsofcms@cedarsmanor.harrov.sch.uk or kindly leave your details with the school office - Thank you!

What Parents & Educators Need to Know about SPORTS BETTING ONLINE

Sports betting online involves placing wagers on real-world sporting events through websites, apps, and linked accounts. In the UK, licensed gambling is illegal for under-18s, yet young people may still encounter betting through sports coverage, social media, gaming spaces, friends, or adult accounts. With gambling content increasingly visible online, parents and educators should help children understand the risks, financial impact, pressure, and how to make safer choices.

WHAT ARE THE RISKS?

EASY ONLINE ACCESS

Online sports betting sites and apps are widely available and can be accessed through phones, tablets, computers, and, indirectly, gaming or social platforms. Some young people may attempt to bypass age checks using false details or someone else's account. Digital wallets, prepaid cards, and saved payment details can also make spending harder to notice, increasing the risk of discreet or impulsive betting.

PEER AND INFLUENCER PRESSURE

Social media influencers, online tipsters, and sports content creators can make betting appear fun, profitable, or part of being a committed fan. Young people may feel pressure to copy this behaviour, especially when friends talk about odds, accumulators, or predictions during matches. Gambling advertising rules aim to protect under-18s, but children can still see persuasive betting content in online spaces.

FREE BET OFFERS

Online betting platforms often use free bets, bonus credits, or 'risk-free' promotions to attract users. These offers can make gambling seem safe or low commitment, but they usually include terms and conditions that young people may not understand. A free incentive can lead to real spending, repeated deposits, or the belief that gambling is easier to control than it is.

NORMALISING GAMBLING BEHAVIOUR

Online sports betting can make gambling feel like a routine part of watching sport. Young people may begin to see odds, predictions, and wagers as harmless entertainment rather than as financial risk. This can also blur boundaries with other gambling-like activities, including loot boxes, skins betting, or casino-style games, making later gambling feel more acceptable or familiar.

ADVERTISING AROUND SPORT

Young people can be exposed to betting brands through sports broadcasts, social media, sponsorship, pitch-side advertising, and content linked to major fixtures. Repeated exposure may make gambling seem normal, glamorous, or expected as part of the sport. Without adult guidance, children may connect betting with excitement, loyalty, and success, rather than understanding that gambling is designed to make money from customers.

CHASING WINS AND LOSSES

A winning bet can create excitement and encourage a young person to try again, while a losing bet may lead them to place another wager to win back the money. This is known as chasing losses. Because online bets can be quick, small, and available at any time, children may not recognise how rapidly repeated decisions can become costly and emotionally harmful.

Advice for Parents & Educators

START EARLY CONVERSATIONS

Talk openly with children about how betting works, including odds, losses, advertising, and the fact that gambling companies are commercial businesses. Use examples they may recognise, such as betting adverts during football matches, influencer predictions, or online tipsters. Keep the tone calm and curious, so that children feel able to ask questions, share concerns, and discuss pressure from friends without fearing punishment.

EXPLORE ONLINE EXPOSURE

Ask which apps, websites, games, sports channels, and social media accounts children use around live sport. Betting content may appear through adverts, sponsorship, livestreams, tipster pages, or discussions between friends. Watching a match together can help you point out gambling messaging in real time and explain how it is designed to influence choices, normalise betting, and encourage spending.

SET SAFER BOUNDARIES

Use device, app store, and bank settings to limit spending, block gambling transactions where possible, and require adult approval for purchases. Check payment histories for unfamiliar withdrawals, digital wallet use, or repeated small transactions. These safeguards work best alongside clear conversations, helping children understand that online payments are still real money, even when they feel quick, hidden, or invisible.

NOTICE AND SEEK SUPPORT

Look out for secrecy around devices, sudden interest in odds, requests for money, unexplained spending, mood changes linked to sports results, or late-night phone use. Respond with support first, then gather information and seek specialist advice where needed. Organisations such as GambleAware, Ygam, GAMSTOP, and the Gambling Commission provide information about gambling harms, education, blocking tools, and support routes.

Meet Our Expert

Bubba Gaeddert is a Senior Lecturer and the Head of Events at the University Campus of Esports. He is also the President and Co-Founder of the Videogames and Esports Foundation, a charity that supports safe and inclusive gaming environments. With over 25 years of experience in esports, education, and media, Bubba is a global leader in promoting positive gaming practices for youth and families.



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See full reference list on our website



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SUPPORTING HEALTHY SMILES IN HARROW

Good oral health starts early. A new NHS dental service is helping children and young people in Harrow access free, friendly dental care close to home. If your child has never visited a dentist or has not had an appointment in the last year, take a look at the information below to see how they can be referred.



North West London



A healthier smile starts here

New NHS dental clinics for children in Harrow.

Free, friendly and local.

Is your child aged 0 -16 and living in Harrow? Have they seen a dentist in the last 12 months?

We're here to help with a new service, designed for children/young people who have never seen a dentist or have not seen one in the last 12 months.

What's on offer?

- ✓ new NHS dental services for children in Harrow.
- ✓ appointments with a child-friendly team.
- ✓ skilled, caring dental teams used to working with children who may not be used to going to the dentist.
- ✓ free NHS dental treatment for children and young people.
- ✓ helpful advice for parents and children on diet, toothbrushing and how to maintain a healthy mouth.
- ✓ local clinics near schools and children's centres.

How to access

Referrals can be made by the following services:

- Family Hubs
- Health Visiting
- School nursing & Welfare Teams
- Nurseries
- Children's Social Care
- Looked After Children nurses
- Whittington Oral Health Promotion Services

The Clock Tower Dental
132 High St, Harrow HA3 7AL
020 8427 1627

Bridge Dental Care
271 Northolt Rd, Harrow HA2 8HS
020 8422 2736

Celebrating Harrow Youth

THE WEALDSTONE YOUTH CENTRE PRESENTS

THE YOUTH OFFER TALENT SHOW

**Unleash your
inner star!**

Open to all young people ages 9
- 19 (up to ages 25 SEND).
Performances can include singing,
dancing, drama, comedy, playing
an instrument, magic tricks or
any unique talent!

Family event

Prizes to be won

Snacks and Drinks Available

More details to be announced soon

Don't miss the chance to be part
of this dazzling showcase of
creativity and skill!

Sign up at the Wealdstone Youth
Centre (HA3 7AE)

AUGUST
19

Contact:

email wealdstonehubyouthoffer@harrow.gov.uk or call

020 8416 8667