



Cedars Manor School Newsletter

Issue 1 — 11th September 2026

WELCOME BACK!

It has been lovely to welcome the children back to Cedars Manor School, and we have been delighted to see how well they have settled back into their routines. The children have returned with such enthusiasm and a positive attitude towards their learning, which has been wonderful to see.

During our **Good Work Assembly** this week, it was amazing to celebrate and share some of the work the children have already completed. We were so impressed by the learning that has taken place in such a short time and by the pride the children have shown in their achievements. It has been a fantastic start to the new academic year.

This week, we have also welcomed **Bikeability** to school to work with children in Years 5 and 6. The children have acquired new cycling skills and developed their existing skills, building their confidence and awareness as cyclists. Some children even had the exciting opportunity to cycle on the road, putting their skills into practice in a real-life setting. We are incredibly proud of the way they approached the sessions and embraced the challenge.

We are looking forward to a happy, successful and rewarding academic year ahead, filled with exciting learning opportunities, new experiences and lots of achievements.

Please also note that our PTA will be holding their Annual general Meeting (AGM) on Friday 2nd October at 2:45pm. We welcome all members of our school community to come along, find out more about Friends of CMS and discover how you can get involved and support the school.

Best wishes, Ms Joanides and Miss Brice

ENRICHMENT CLUBS SIGN-UP

Our after-school Enrichment clubs will be starting next week, and there is still time to sign up!

All clubs will run for **10 weeks**, from the **week commencing Monday 14th September** to the **week commencing Monday 23rd November**, from **3:30 pm–4:30 pm**.

Please only sign your child up for a club if they are in the correct year group shown below.

For clubs where a charge applies, payment should be made via **ParentPay**.

Day	Club	Year Group	Cost	Sign Up
Monday	Cooking Club	Years 3 & 4	£50	Sign up here
	Gymnastics Club	Years 3 & 4	£25	Sign up here
Tuesday	Choir	Years 3–6	FREE	Sign up here
	Maths Club	Years 5 & 6	FREE	Sign up here
	KS1 Multisport	Years 1 & 2	FREE	Sign up here
	Science Club	Years 5 & 6	£25	Sign up here
Wednesday	KS2 Football	Years 3–6	FREE	Sign up here
Thursday	KS2 Dodgeball	Years 3–6	FREE	Sign up here
Friday	Coding Club	Years 3–6	£25	Sign up here



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DATES FOR THE DIARY

14th Sep to 16th Sep — YR6 PGL
16th Sep — Meet the Teacher
25th Sep — YR3 Visit Stanmore Library
9th Oct — Sycamore Class Assembly
22nd Oct — YR5 Visit Science Museum
23rd Oct — Lime Class Assembly
23rd Oct — Last day of Half-Term
24th Oct to 31st Oct — Half-Term Holiday
4th Nov — YR2 Visit Tower of London
6th Nov — YR3 Visit Headstone Manor
12th Nov — YR4 Visit Verulamium
13th Nov — Hawthorn Class Assembly
20th Nov — Beech Class Assembly
27th Nov — Fir Class Assembly
4th Dec — Pine Class Assembly

OVERALL ATTENDANCE – 96.54%

Week ending 11/09/2026

	Class	%	No of Pupils late	No of lates
1	Rowan	98.81	4	5
2	Hazel	98.33	2	3
3	Maple	98.82	2	5
4	Elm	98.33	0	0
5	Beech	96.19	0	0
6	Lime	99.23	0	0
7	Hawthorn	99.58	2	4
8	Fir	92.62	0	0
9	Yew	97.27	4	5
10	Sycamore	96.36	0	0
11	Spruce	94.21	1	1
12	Cherry	94.78	0	0
13	Pine	97.04	2	2

The whole school attendance is 96.54% this week, which is **Above** the school average of 96% but **Above** the National average of 95%
Well Done!!



SCHOOL UNIFORM EXPECTATIONS



We would like to remind all parents and carers of our school uniform expectations. We have noticed a number of children in **EYFS wearing earrings**. Please be aware that **earrings are not permitted at all in EYFS due to Health & Safety**. For pupils in the rest of the school, **one pair of small stud earrings** may be worn.

All pupils are expected to wear the correct **school uniform every day**. This consists of:

- **White shirt or polo shirt**
- **Red school jumper or cardigan with the school logo**
- **Black or grey trousers, skirt or pinafore**
- **Black School shoes – trainers should not be worn as part of the everyday uniform**

PE DAYS

On PE days, pupils should come to school wearing their **PE kit**. This consists of a **black tracksuit and red school-logo T-shirt**.

Consistent uniform expectations help our pupils look smart, feel part of our school community and be ready for the school day.



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YEAR 1 VISIT SEALIFE

On Thursday 10th September, Year 1 visited the Sealife Centre in London. This trip supported the children's learning from Reception where they were exploring, 'What amazing animals can we find in our world?'

The children had an amazing day looking at all the different sea creatures. They particularly loved looking at the sharks and the sea turtles. As the children were on the Southbank, they also got to see first hand, The Houses of Parliament, Big Ben and The London Eye. It was a fantastic experience for everyone. Thank you to our wonderful parent helpers, for assisting us on the day.



SCHOOL HEALTH SERVICE – RECEPTION

We would like to share the **Digital School Health Leaflet** with parents and carers of children who have started Reception this academic year.

The leaflet provides information about the **School Health Service**, including the health screening programme and how parents/carers can opt out if they wish.

Please click the link below to read the leaflet:

[Digital School Health Leaflet](#)



YEAR 1 GRUFFALO

This week Year 1 took part in an online session with The British Library and were introduced to Julia Donaldson's new children's book 'Gruffalo Granny.'

Julia Donaldson read the new story to the children and then Axel Scheffler led a live session on how to draw Gruffalo Granny.

The class really enjoyed being some of the first children to hear the new story.





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LEARNING AT CEDARS MANOR SCHOOL

Nursery

We have been learning: our new friends names, teachers and new routines in the Nursery . The children have settled into Nursery very well.

You can help at home by: beginning to practice some independence skills for example; putting on and taking off jumpers, coats and shoes.

Reception

We have been learning: new routines, children's names and getting to know their teachers. The children have enjoyed settling into Cherry class.

You can help at home by: making sure everything is named. All clothing and coats.

Year 1

We have been learning: about different materials and what objects are made from.

You can help at home by: looking around your home and naming the materials you can see, such as wood, plastic, metal, glass and fabric.

Year 2

We have been learning: about the Great Fire of London and developing our understanding of grouping numbers into tens and ones.

You can help at home by: reading books together or finding out more about the Great Fire of London. You can also help your child recognise numbers from 1–100 and practise counting in tens.

Year 3

We have been learning: how to write a character description of Spud Murphy in English.

You can help at home by: asking your child to retell the story 'The Legend of Spud Murphy' that they have read so far. This will help them to recall key events and develop their understanding of the characters and storyline.

Year 4

We have been learning: the names and functions of the different types of teeth.

You can help at home by: using a mirror to look at your child's teeth together and identify the different types of teeth.

Year 5

We have been learning: the similarities and differences between the Sun and the Earth in Science.

You can help at home by: watching documentaries about space or gather information from a variety of sources, such as library books and magazines.

Year 6

We have been learning: Place Value: Reading & writing numbers up to ten million, and learning the value of each digit.

You can help at home by: helping your child to use place value charts. They help to represent numbers and understand how the number system works. They also help your child to understand how zero works as a place holder.

Thank you for supporting your child's learning at home. Your involvement helps to reinforce what they've been doing in school and makes a big difference in their progress!

Friends of Cedars Manor School

AGM

Annual General Meeting

Everyone is welcome.

Stay informed and get involved.

You are all members of the Friends of Cedars Manor School.
Come and see how you can become an active member!

Friday 2nd October – 2:45pm

Sign in at the school office



Parentkind
Member Association

MOTION4KIDS SPORTS DEVELOPMENT CENTRE



CEDARS MANOR SCHOOL

Whittlesea Rd,
Harrow HA3 6LS



FUN SPORTING ACTIVITIES
BOYS & GIRLS, AGES 4-16



MAKE NEW FRIENDS
BUILD CONFIDENCE



STAY ACTIVE
LEARN NEW SKILLS



EVERYONE WELCOME!



EVERY SATURDAY
9:45 – 11:45 AM



SPACES ARE LIMITED – BOOK NOW
TO GUARANTEE YOUR CHILD'S PLACE

ADMISSION
FREE

≡ ACTIVITIES ≡



FOOTBALL



BASKETBALL



DODGEBALL



HANDBALL



TAG RUGBY



ATHLETICS



CRICKET



DANCE



TO BOOK YOUR PLACE:

020 3371 8615 | ADMIN@MOTION4KIDS.CO.UK



WWW.BOOKWHEN/SPORTSPAYMOTION-DC



SCAN TO BOOK!

10 Top Tips for Parents and Educators

CONNECTING CHILDREN WITH NATURE

Spending time outdoors plays a vital role in children's health, happiness, and development. This guide explores why nature matters, the barriers families may face, and practical ways to help children reconnect with wildlife and the outdoors. Here we highlight simple activities, creative ideas, and safe approaches to encourage exploration, confidence, and a lasting love of nature in everyday life.

1 TIME OUTSIDE MATTERS

Evidence shows that time in nature can benefit children's mental and physical health, learning, social development, and overall wellbeing. Nature does not need to be rare, grand, or far away to matter. Common, small, and local spaces can offer valuable opportunities too. Despite competing demands on children's time, many say being in nature makes them happy.

2 UNDERSTAND THE BARRIERS

Children's outdoor play has reduced significantly in recent generations, with independent play and roaming also becoming less common. Reasons can include alternative play options, worries about safety and risk, fewer suitable play spaces, busier roads, and increasingly structured routines. Understanding these barriers helps adults respond with practical, realistic ways to make outdoor time easier and more appealing.

3 TAKE ACTIVITIES OUTSIDE

Children can benefit from being in natural spaces even when engaging with nature is not the main activity. Think about everyday pursuits that could be moved outdoors, such as reading, playing cards and board games, arts and crafts, hide and seek, exercising, eating, or chatting. Involve children and young people in creating their outdoor space – for example, an upturned box can become a table, while cushions wrapped in strong bags can make temporary outdoor seating.

4 USE TECHNOLOGY POSITIVELY

Too much screen time can be unhelpful, but technology can also support nature connection, particularly for older children and young people. They can use a camera to document the wildlife they find, create art projects, or record natural sounds. Apps can help identify birdsong, plants, insects, or stars. Older children and young people may also enjoy citizen science projects, where their observations contribute to real environmental research.

5 CREATE MINI ADVENTURES

Green spaces are brilliant for exploration, adventure, creativity, and problem-solving. Adventures can be small and local, such as hunting for insects, looking for natural colours, or spotting patterns. They can also be bigger, including hill walks, den building, rock pooling, or watching the sunset. These experiences can create moments of awe and leave lasting memories.

6 BUILD NATURE AT HOME

Even small spaces can help children connect with nature through play and creativity. Seeds can be grown in windowsill boxes or hanging baskets, while herbs, strawberries, flowers, and cherry tomatoes often thrive in containers. Bird feeders, nest boxes, and insect hotels can support local wildlife. Indoors, garden magazines, leaves, and natural textures can inspire imaginative art, storytelling, and play.

7 EXPLORE FURTHER AFIELD

Holidays and weekends can offer children and young people the opportunity to visit country parks, nature reserves, waterways, woods, and the coast. These places may create memorable "Wow!" moments, such as rock pooling, exploring forests, pond dipping, or simply visiting somewhere new. Local activity centres may also offer taster sessions in canoeing, climbing, or archery, helping children and young people try outdoor activities safely.

8 ENGAGE OLDER CHILDREN

Teenagers may be less interested in adult-led activities designed for younger children. They often respond better to challenges, independence, skill building, and meaningful responsibility. Wildlife surveys, photography, outdoor cooking, whittling with safe tools, den building, or conservation tasks can feel more purposeful. Allowing controlled risks can support confidence, judgement, and a stronger connection with nature.

9 NOTICE LOCAL NATURE

Natural spaces enable unstructured play and exploration. Adults don't need specialist knowledge to help children enjoy nature and wildlife. Start by noticing what can be heard, smelled, and seen in a garden, school grounds, local park, or on the way to the shops. Encourage walking at a slower pace, looking for birds, leaves, insects, clouds, colours, and patterns, so that nature becomes part of daily living.

10 MANAGE SENSIBLE RISKS

Taking certain small risks in nature can in fact be valuable for children. Getting wet, muddy, or even stung by a nettle can help them understand the consequences of nature, cope with discomfort, build confidence outdoors, and assess situations more safely in future. Adults can support them in these moments by setting clear boundaries, supervising appropriately, teaching safety, and preparing children for all sorts of weather and natural spaces, while still allowing their curiosity, independence, and resilience to grow.

Meet Our Expert

Kate Whitehead leads on Connecting Children with Nature for Natural England, the government's adviser for the natural environment. With a background in ecology and sustainable development, and a passion for education, Kate works to facilitate between the environmental, education, and health sectors, collating research and best practice to support schools to unlock the multitude of benefits nature can offer.



The National College®

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